**Multiple Intelligence:** Eight Ways to Be Talented

Read each statement. Record your rating for each statement below the corresponding number on your summary booklet. Use the following rating scale:

**1 (not at all like me) to 5 (definitely me)**

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| **Verbal / Linguistic** |
| 1. I like puns and other play on words.32. I enjoy doing crossword puzzles and playing games like Scrabble.13. I remember things exactly as they are said to me.24. I like to take part in debates and discussions.15. I prefer long and short written answers over multiple-choice responses.16. I enjoy keeping a journal and/or writing stories and articles.17. I like to read.3 |

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| **Logical / Mathematical** |
| 1. I work best at an organized work area.12. I enjoy math and/or science.13. I keep a “things to do” list.14. I enjoy brainteasers and games such as Jeopardy and Clue.15. I like to ask “why” questions about issues and concerns.26. I quickly grasp cause-and-effect relationships.27. I am good at estimations.2 |

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| **Visual / Spatial** |
| 1. I understand what colours work well together.32. I enjoy solving jigsaws, mazes, and/or other visual puzzles.13. I read charts and maps easily.24. I have a good sense of direction.25. I like to watch movies.56. I have very vivid dreams.37. I can anticipate the moves in a game plan (e.g. “hockey sense”).2 |

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| **Interpersonal** |
| 1. I interact well with people.22. I enjoy team sports rather than individual sports.23. Being around people energizes me.24. I like group activities better than ones I do alone.25. I enjoy learning about different cultures.46. I usually talk over my personal problems with a friend.37. I enjoy sharing my ideas and feelings with others.2 |

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| **Intrapersonal** |
| 1. I am a private person, and I like my private inner world.42. I have a few close friends.43. I have strong opinions about controversial issues.24. I work best when the activity is self-paced.25. I am not easily influenced by others.26. I understand my feelings, and know how I will react to situations.27. I understand that I am responsible for my own behaviour.3 |

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| **Bodily / Kinesthetic** |
| 1. I like to move, tap, or fidget when sitting.52. I participate in extreme sports (snowboarding, mountain biking, etc.).13. I tend to touch objects to examine their textures.34. I am well coordinated.35. I like working with my hands.46. I prefer being physically involved to sitting and watching.37. I understand better by doing (touching, moving, interacting).4 |

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| **Musical / Rhythmic** |
| 1. I play music in my head.32. I make up rhymes to remember things.23. It is easy for me to follow the beat of music.34. I like setting songs and poems to music.15. I keep time when music is playing.36. I can hear an off-key note.27. I feel proud of my musical accomplishments.2 |

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| **Naturalist** |
| 1. I have a collection (e.g. shells, mugs, rocks, hockey cards).12. I notice similarities and differences in trees and flowers.43. I am actively involved in protecting the environment.24. I enjoy digging for artifacts and finding unusual items.25. I like planting and caring for a garden.26. I enjoy fishing and tracking.27. I learn best when I can go on field trips – outdoors, or to museums.5 |

\*\*\*Add up the ratings/points for each type of intelligence to determine your top intelligences.